

# Kid's Table

## CAMP

10-14 years

July 30-Aug 3

Aug 20-Aug 24

9:30am-3:30pm

Salt Spring Middle School Home Ec Room

\$180/week

**FARM . COOK . EAT**

Discover local farms, where our food comes from, cooking skills and cultural dishes.

**PRE-REGISTRATION IS NECESSARY. LIMITED SPACE AVAILABLE.**

**PRE-REGISTRATION IS REQUIRED**

**REGISTER:**

**Online:** [www.ssiparc.ca](http://www.ssiparc.ca)

**By Phone:** 250-537-1402

**In Person:** Rainbow Road Aquatic Centre,  
262 Rainbow Rd

[ssiparc@crd.bc.ca](mailto:ssiparc@crd.bc.ca)

[www.facebook.com/SSIPARC](http://www.facebook.com/SSIPARC)



# Junior Lifeguard Camp & Bronze Star Camp

**Ages 9-13**

## **Junior Lifeguard Camp**

This action packed camp is an introduction to lifeguarding. This is a great option for youth looking for aquatic fun, outside of lessons, who want to become lifeguards. Activities will include lifeguard training, shadow guarding and outside games to break up the day.

M-F 12:00pm-4:00pm July 23-July 27

## **Bronze Star Camp**

Start the pathway to becoming a lifeguard by taking your Bronze Star. Enjoy fun activities that teach WaterSmart confidence, basic lifesaving and resuscitation skills, team building and shadow guarding. All candidates who complete the final exam will be certified and able to go on to taking their Bronze Medallion. Includes a 400 metre timed swim.

M-F 12:00pm-4:00pm Au 20-Aug 24

**LOCATION: Rainbow Road Aquatic Centre (Lobby)**

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