

HEAD LICE AWARENESS

Outbreaks of head lice are common throughout the school year. Although head lice are a bother, **head lice are not a health risk.**

Head lice spread quickly by close, head-to-head contact. Lice cannot live on furniture or carpet, and they cannot jump or fly. There may be few or no symptoms, but itching may occur.

You can help by:

- ◆ Checking your child's head with the wet-combing method of detection once a week throughout the school year.
- ◆ Encouraging your child to wear their hair tied back, and avoid touching heads with other students.
- ◆ Using the wet-combing method of treatment if you notice lice on your child's head.
- ◆ Telling the classroom teacher if your child has head lice, so other parents can be notified.

For more information:

- ◆ Review the pamphlet *Wet Combing - How to Get Rid of Head Lice* available at your school and [public health unit](#).
- ◆ View a [video](#) (5 minutes) showing the wet combing method.