

Help Your Child Read This Summer!

Dear Parents,

Summer reading—it's important! Research shows that kids who read four or more books over the summer are better prepared for the coming school year and do not go down the 'summer slide'—the loss of reading and learning skills during the summer break. Reading over the summer months really does make a difference to your child's learning.

Here are five easy ways you can help your child reduce summer reading loss:

- **Make reading important.**
Be a role-model for reading. Let your child see you reading throughout the day and use daily routines as reading opportunities. Cooking, reading TV listings, looking for information on-line, reading directions, or following a map all provide authentic reading experiences.
- **Give your child the power of choice.**
Having reading materials available is key to helping kids love to read, and the reading materials kids choose themselves are best. In fact, 92% of children and teens say they are more motivated to read and are more likely to finish a book they have picked out. Help your child find texts that appeal to his or her interests, yet are age appropriate and 'just right' in difficulty.
- **Set aside time to read every day.**
We know that the more kids read, the better they become at reading and the more they will enjoy reading. During the summer, encourage your child to read for at least 20 minutes per day. Make reading 'down-time'—an opportunity for family members to read together, either aloud or quietly to themselves. Keep track of progress by recording book titles, pages read, and minutes spent.
- **Talk it up.**
Talking about books during and after reading helps improve comprehension. Encourage kids to share their ideas and opinions by asking open-ended questions. Talk about what you read to let them know that reading is an important part of your life. Tell them why you liked a book, what you learned from it, or how it helped you—soon they might start doing the same.
- **Be part of a reading challenge.**
Most local libraries have summer reading programs that help engage and motivate readers. Kids set a goal, track books they read, and receive incentives for achieving goals. Summer programs also promote reading club opportunities where children can discuss and share books with others, either on-line or in-person. You can even create your own family reading challenge.

Have a great summer, and happy reading!